

Drink & Drug Drive Awareness for Drivers



½ day (3½ hours) 16 people

For:

Drivers of company vehicles as well as those who drive TO work rather than FOR work.

Objectives:

This interesting and interactive session covers all the main issues to avoid a 'morning after' drink-drive conviction. We meet 1000's of convicted drivers (on our DSA courses) and most say "*I wish my employer had offered the course before I was convicted - I didn't realise the risk I was running, especially the morning after*".

Course Content:

- About DDE+, why us? why you?
- What it would mean to lose your licence
- Your company's Drug & Alcohol Workplace Policy
- What do you know now? – short quiz
- How to measure alcohol – **units**: pub measures, spirits, draught beers/lagers, bottled beers/lagers, wine; by glass and bottle and cans.
- Calculating strength x volume
- How little it takes to be 'over the limit', how you don't even need to be 'over'!
or even be driving!
- 'morning after' convictions – how easy it is to fall foul of the law, without realising it
- Safe, sensible and legal limits
- Dependence: social, intellectual, emotional and physical
- Bringing it all together – what do you know now
- the quiz again
- Course evaluation.

Short tutor inputs for key information are mixed with quizzes, games, demonstrations and small group-work exercises. The session is designed to be interesting, informative and fun!



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DDE is an approved provider of Driver & Vehicle Standards Agency's
Drink Driver Rehabilitation Courses
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