

CDT - Carbohydrate Deficient Transferrin

£79

Carbohydrate Deficient Transferrin (CDT) is a biomarker for heavy alcohol consumption and is used by the DVLA in its fitness-to-drive test for high risk offenders.

Description

Procedure

Add to Basket

- ✓ 1 test included
- 📍 Finger-prick blood sample ⓘ
- 🕒 5 day turnaround ⓘ

Key benefits

- 1 Accurate tests** from accredited laboratories
- 2 Easy-to-use** test kits you can do at home
- 3 Confidential results** provided securely online
- 4 Qualified doctors** will interpret your results

Carbohydrate Deficient Transferrin - CDT

About this test

The Carbohydrate Deficient Transferrin (CDT) test is a particularly sensitive biomarker that tracks heavy alcohol consumption over an extended period of time. If an individual drinks steadily and heavily (4-6 units of alcohol per day) for several weeks the percentage of transferrin which is deficient in carbohydrate will rise. The longer a person drinks at this level, the higher the level of CDT. Intermittent or binge drinking can also increase CDT levels. The extent to which this occurs is dependent on the frequency of binges and the amount of alcohol consumed on each occasion.

Elevated CDT will decline with reduced alcohol consumption, and will revert to normal after several weeks of abstinence.

This test has a very high level of specificity (i.e. it is not affected by other drugs or substances) and therefore it has been adopted by the Secretary of State's Honorary Medical Advisory Panel as the sole test for assessing harmful use of alcohol for high risk offenders.

Tests Included

Alcohol Consumption

CDT

Who is this test for?

This test is for people who wish to prove that they have moderated or ceased their alcohol consumption. It is used by motorists who have been deemed high risk offenders to gain peace of mind before they take a CDT test as part of the DVLA medical examination to get their driving license back.

How it works



Collect Sample

We send you an easy-to-use kit to collect your blood sample.



Post Sample

Post your sample to our lab in the prepaid envelope provided.



View Results

View results securely in your own personal dashboard.

<https://www.medichecks.com/tests/carbohydrate-deficient-transferrin-cdt>